



ISOLATION AND QUARANTINE GUIDANCE ¹



If You Test Positive For COVID-19 (Isolate)

Everyone, regardless of vaccination status:

- Stay home for 5 days. If you have symptoms or your symptoms are resolving without the use of fever-reducing medication on day 6, you can return to school.
- If you have a fever, continue to stay home until you are fever-free for at least 24 hours with the use of fever-reducing medication.
- Continue to wear a mask around others for 5 additional days. *If school cannot ensure masking for 5 additional days, then case should isolate for a full 10 days.*

If You Were Exposed to Someone With COVID-19 (Quarantine)

1. **Students** who are up-to-date on COVID-19 vaccinations:
 - You do not need to stay home unless you develop symptoms
 - Wear a mask around others for 10 days.
 - Test on day 5. *Testing on day 5 post-exposure is recommended but is not required for return to school.*
2. **Staff** who are up-to-date on COVID-19 vaccinations:
 - Wear a mask around others for 10 days.
 - Test on day 5. *Testing on day 5 post-exposure is recommended but is not required for return to school.*
3. **Students** who are unvaccinated or not up-to-date on COVID-19 vaccinations:
 - Stay home for 5 days. After that continue to wear a mask around others for 5 additional days. *If school cannot ensure masking for 5 additional days, then case should isolate for a full 10 days.*
 - Watch for symptoms until 10 days after you last had close contact.
 - If you develop symptoms, isolate immediately and get tests. Continue to stay home until you know the results.
 - Test on day 5. If your test result is positive, see isolation guidance above.
4. **Staff** who are unvaccinated or not up-to-date on COVID-19 vaccinations:
 - Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
 - Watch for symptoms until 10 days after you last had close contact.
 - If you develop symptoms, isolate immediately and get tests. Continue to stay home until you know the results.
 - Test on day 5. If your test result is positive, see isolation guidance above.

¹ Ready to Achieve! 2022-2023 School Operational Guidelines, July 20, 2022 / LDH Isolation & Quarantine for K-12 Schools, 7/18 2022